

Media Release - For Immediate Release – August 30, 2010

Theatre Aquarius gets in on the act at Hamilton’s 13th Annual Mustard Festival

Hamilton, ON, August 30, 2010 – Attendees at this Labour Day Weekend’s Hamilton’s 13th Annual Mustard Festival will have the opportunity to partake in a 30 minute improv workshop at Theatre Aquarius. The workshops, which will be at a beginner level, are free of charge and open to all ages.

Improvisation is the practice of acting, singing, talking and reacting, of making and creating, in the moment and in response to the stimulus of one's immediate environment and inner feelings. “Improv is a great way to get into the Festival atmosphere,” says Ron Ulrich, Aquarius’ Artistic Director. “Improv is about thinking on your feet, just seeing where things go without planning. It’s a chance to loosen up and have a laugh”.

Workshops will occur in the Ron and Donna Patterson Lobby of Theatre Aquarius at 2:00 p.m., 3:00 p.m. and 4:00 p.m. on Saturday September 4th. The workshops will be lead by Luke Brown, Artistic Associate, Theatre Aquarius. All ages and experience levels are encouraged to attend. Pre-registration is not required.

Theatre Aquarius is recognized as a leader in Canadian theatre. We produce work of the highest quality, premiere new plays, develop the skills of professional artists, invest in youth and families and contribute to the quality of life in this region.

Theatre Aquarius acknowledges the support of the **Ontario Arts Council** and **Canada Council for the Arts, ArcelorMittal Dofasco** (Founding Partner), and Season Sponsors, **Ron and Donna Patterson**.